

CONTACT PARKS AND RECREATION AT 952-563-8877 FOR MORE INFORMATION ON THESE EVENTS.

MINI-SPORTS SAMPLER KIDS CAN EXPLORE A VARIETY OF SPORTS

An introductory sports program designed for children, ages 4 - 6 years, Mini-Sports Sampler helps children explore baseball, soccer, lacrosse, flag football and basketball in a fun and noncompetitive setting. Sessions begin in November and run through May. For more information, call Parks and Recreation.



TUMBLING ABOUT L'IL FLIPSTERS GYMNASTICS

L'il Flipsters Gymnastics is back. For children, ages 2 - 4 years, this mobile gymnastics organization is dedicated to providing the highest quality gymnastics training and motor skill development in a safe and fun environment. **New sessions begin every month through May 2009.** Classes are held at Bloomington Ice Garden, 3600 West 98th Street, Tuesday or Wednesday morning or Friday morning or afternoon. For more information, call Parks and Recreation.

YOUTH WINTER SPORTS



For fun youth winter sports opportunities, call the Bloomington Athletic Association's Information Hotline at 952-888-0807 or visit www.baaonline.org.

BORN AGAIN JOCKS

The Born Again Jocks Volleyball League welcomes men, 55 years and over, with any level of playing ability. For more information, call Dick Wortman at 952-888-1814.

When: Mondays, Wednesdays and Fridays.

Time: Warm-up 8:45 a.m.
Games 9 a.m.

Where: Jefferson H. S. Activity Center, 102nd Street and France Avenue South.

CRUNCHING SNOW, CRISP AIR AND ROSY CHEEKS WINTER GAMES AND ACTIVITIES FOR THE WHOLE FAMILY



JOIN BLOOMINGTON PARKS AND RECREATION and area sponsors in welcoming winter during the 7th Annual Winter Fete celebration. This year, Winter Fete activities will take place throughout the city from **Friday, February 6, through Sunday, February 8.** Enjoy the Mites Hockey Exhibition, the Chilly Chili Bike Race, the Pond-Dakota Winter History Festival and other great events during this weekend celebration.

All Winter Fete activities are free, unless otherwise noted, and fun for the whole family! For more information, call Parks and Recreation or visit www.ci.bloomington.mn.us, keywords: Winter Fete.

“FIT CITY” MONIKER FITS BLOOMINGTON CITY RECOGNIZED FOR LEADERSHIP IN HEALTH AND FITNESS

GOVERNOR TIM PAWLENTY and the Governor's Health Cabinet recently designated Bloomington a Governor's Fit City for its efforts to encourage health and fitness in the community.

“The leaders of Bloomington have made a strong commitment to provide physical activity opportunities for people in their city,” Governor Pawlenty said. “This commitment will help keep Bloomington residents healthy for years to come.”

Commissioner of Health Dr. Sanne Magnan, *photo right*, presented a Governor's Fit City plaque to the Bloomington City Council.

The Minnesota Department of Health criteria to qualify as a “Fit City” include whether a city has created inviting places to walk, adopted a value statement affirming the importance of fitness, sponsored at least one fitness activity and developed recreation areas that encourage fitness.

Bloomington has implemented a number of different ways to promote physical activity, which include:

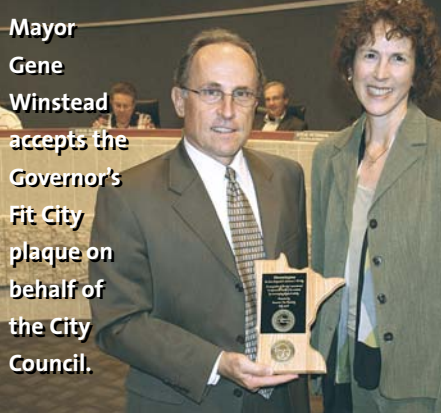
- Ensuring that physical activities and facilities (parks, recreation centers, trails) are accessible, safe and affordable.
- Encouraging development patterns that consider pedestrians and bicyclists.

SAFETY AS A PRIORITY SOUTH METRO PUBLIC SAFETY TRAINING

THE SOUTH METRO PUBLIC SAFETY TRAINING FACILITY, 7525 Braemar Boulevard, Edina, opens its 12-lane firing range to the public for target shooting on Saturdays, 8 a.m. - 12 p.m. Targets and eye and ear protection are available on site.

South Metro is a joint project of the cities of Bloomington, Eden Prairie and Edina and the Minneapolis/St. Paul International Airport Police Department. The facility provides police and fire training opportunities in a 28,000-square-foot, two-building campus.

For more information, visit www.southmetrotraining.com or call 952-653-0671.



- Requiring building and landscape features that promote physical activity.
- Developing and incorporating trails and bike paths into the community.

The Governor's Fit City initiative is part of an overall push by Governor Pawlenty to encourage fitness.

For more information on upcoming recreational and fitness programs offered by the City or visit the City's website at www.ci.bloomington.mn.us, keywords: Parks and recreation.

GET MOVING AT THE HOLIDAY FITNESS PARTY HAVE FUN WHILE BURNING THE CALORIES

Get in the spirit with a festive holiday exercise class, **Wednesday, December 17, 9 a.m.**, at Creekside Community Center, 9801 Penn Avenue South. The fun begins with a healthy morning snack and social time, followed by a fitness fusion class. To register, call Parks and Recreation or e-mail parksrec@ci.bloomington.mn.us.



GET TOGETHER IN THE GREAT OUTDOORS ROAST WIENERS! LAUGH WITH FRIENDS! TAKE A HIKE!

PICNIC SHELTERS will soon be available to rent for next year's picnics, receptions, reunions or meetings. Registration begins January 2 for use April through mid-October. Shelters have electricity, grills, restrooms and drinking fountains. In addition, City parks offer playground equipment, volleyball and horseshoe courts, walking trails and softball fields. Reduced rates are available for nonprofit Bloomington youth groups. For more information, visit www.ci.bloomington.mn.us, keyword: Picnic.

MOIR PARK

104th Street at Morgan Avenue.
Shelter 1: Accommodates 200+. \$201 + tax.
Shelter 2: Accommodates 50. \$137 + tax.

WEST BUSH LAKE PARK

94th Street at West Bush Lake Road.
Shelter 1: Accommodates 200. \$201 + tax.
Shelter 2: Accommodates 100. \$137 + tax.

EAST BUSH LAKE PARK

9140 East Bush Lake Road
Shelter 3: Accommodates 200. \$265 + tax.

